

# SOS

## **Role: Project Manager, Developer**

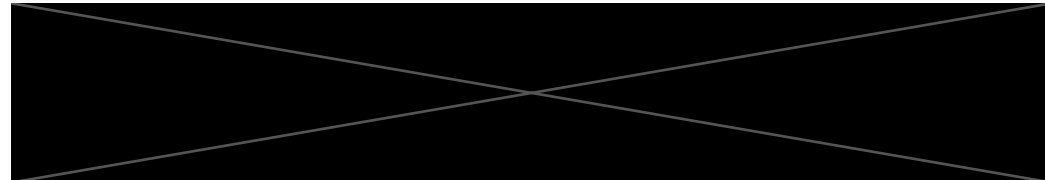
Avoid unhealthy reactions from toxic triggers or problematic people. SOS by Jovial is your 1-click rescue from bad habits, impulses, & toxic triggers.

Keep your emotional well-being intact when issues pop up.

Join a fake video call to excuse yourself from unhealthy situations.

Take back your time & serenity.

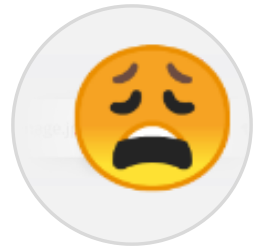
You'll use these quiet moments for self-reflection, relief, or rest.



# **Helen Griffin, Jr.**

**Technical Project Manager**

# Challenges



## Challenge 1

Burnout Caregivers



## Challenge 2

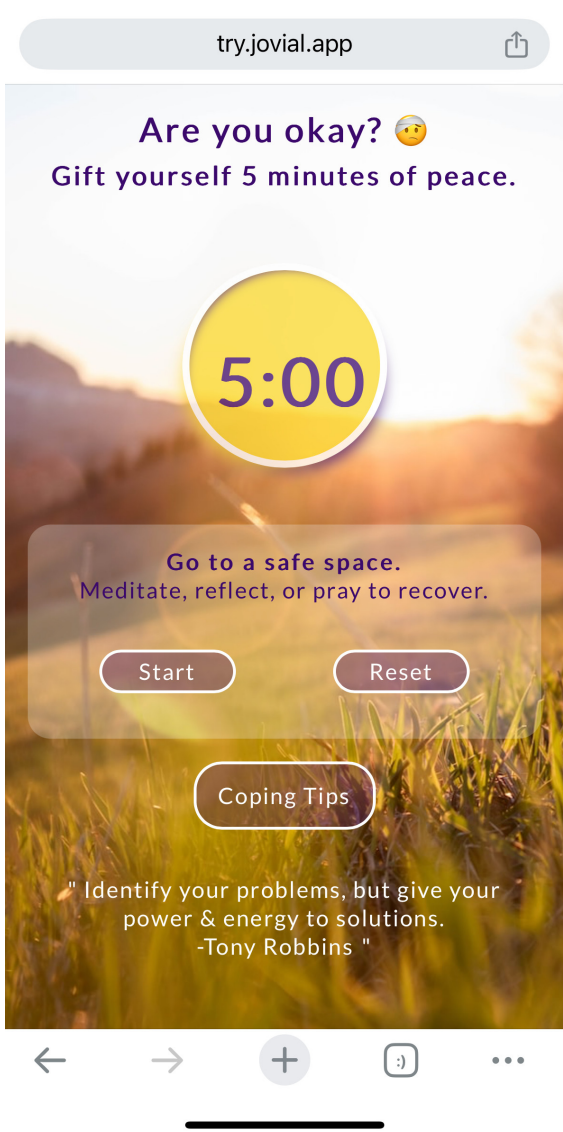
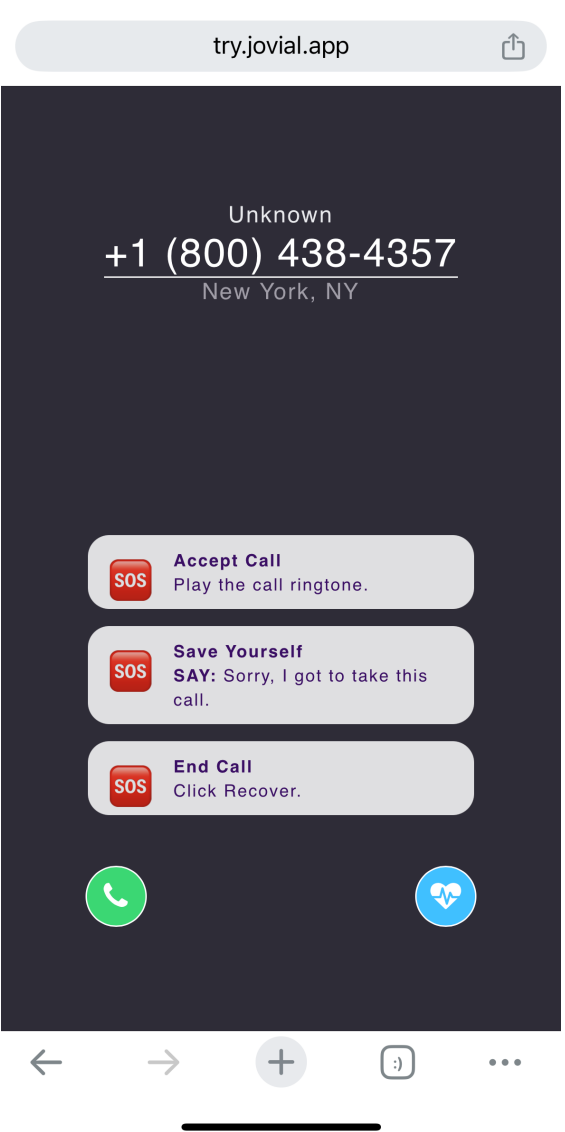
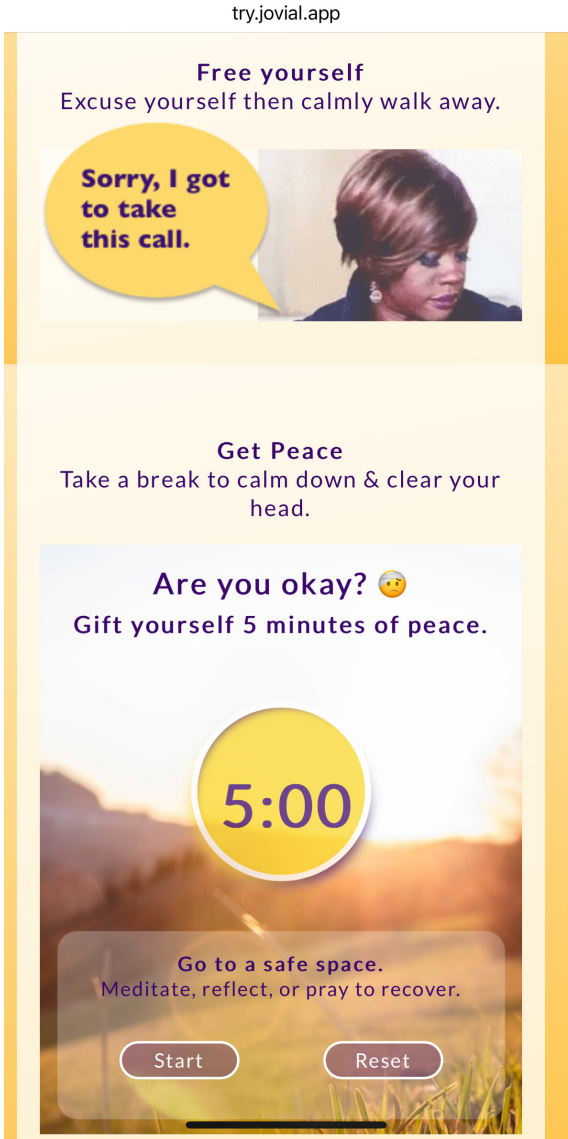
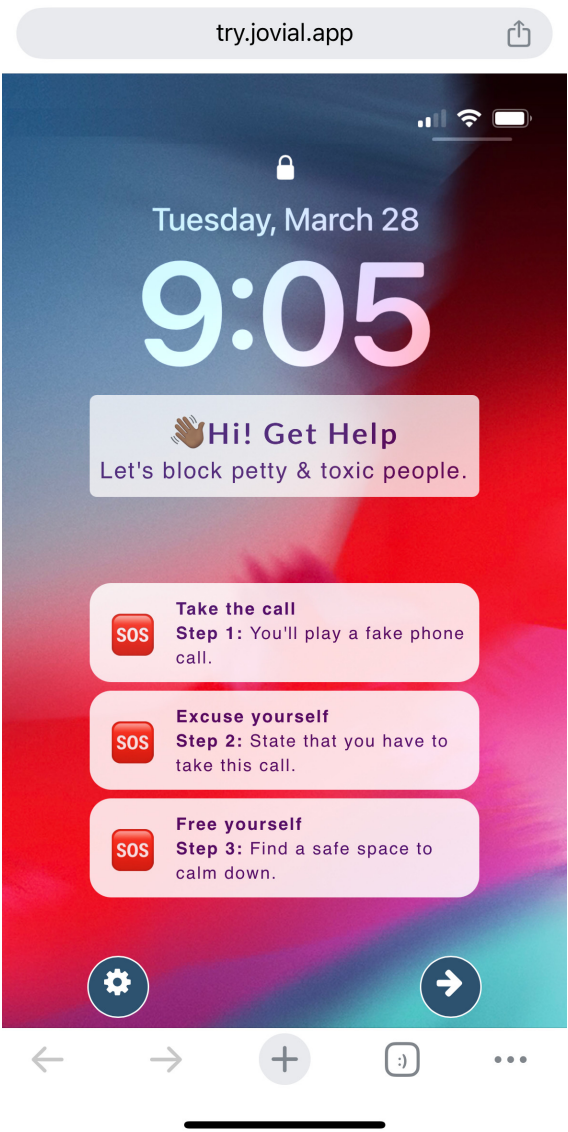
Toxic Relationships



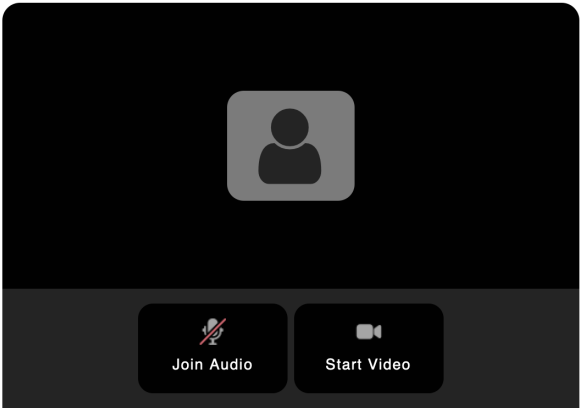
## Challenge 3

Depression

# Platforms: Mobile Web



# Platforms: Chrome Extension



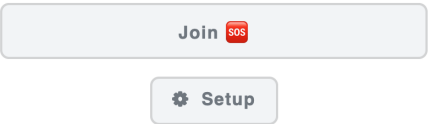
## Avoid Petty & Toxic People

Agenda: Protect Your Well-being

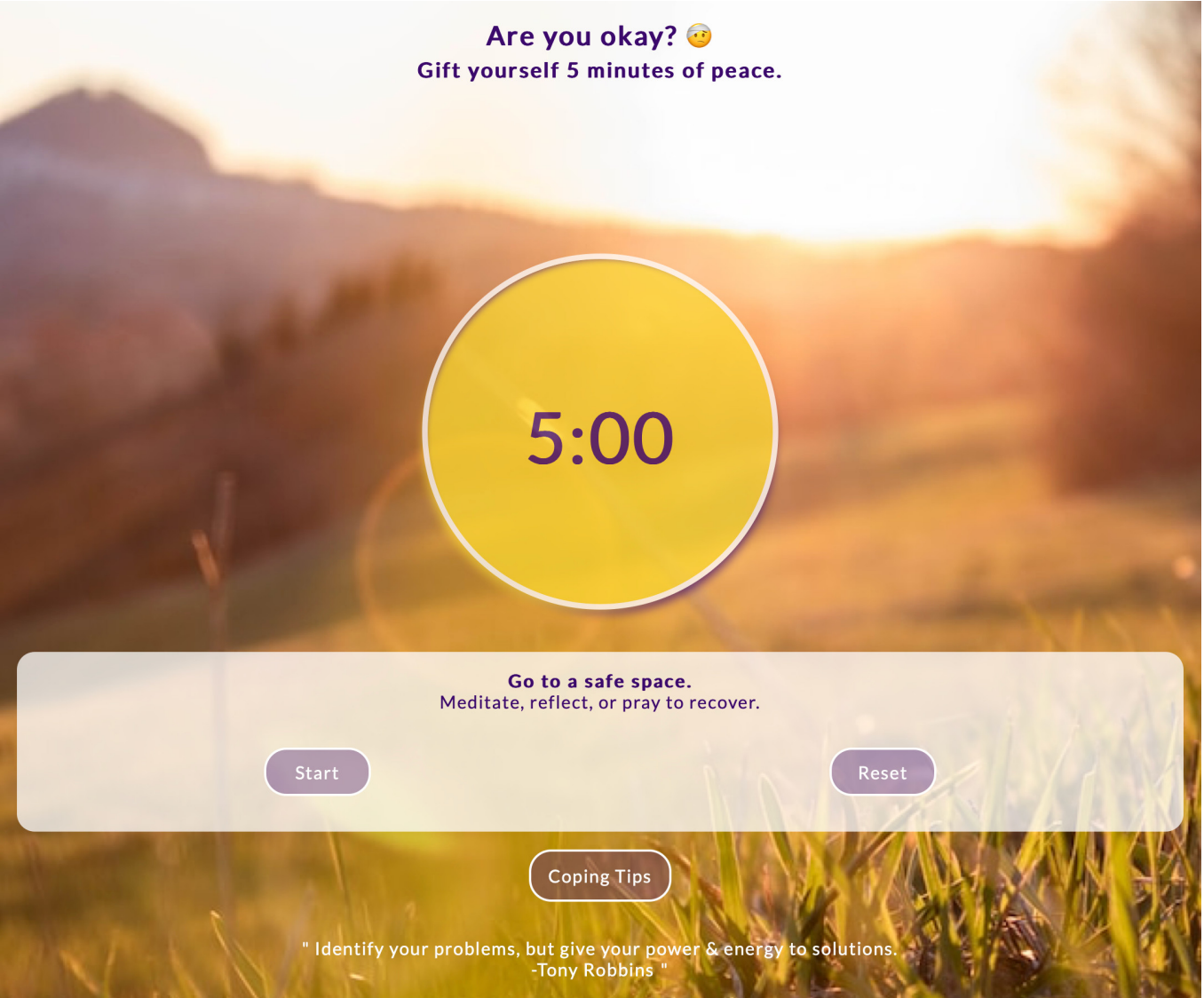
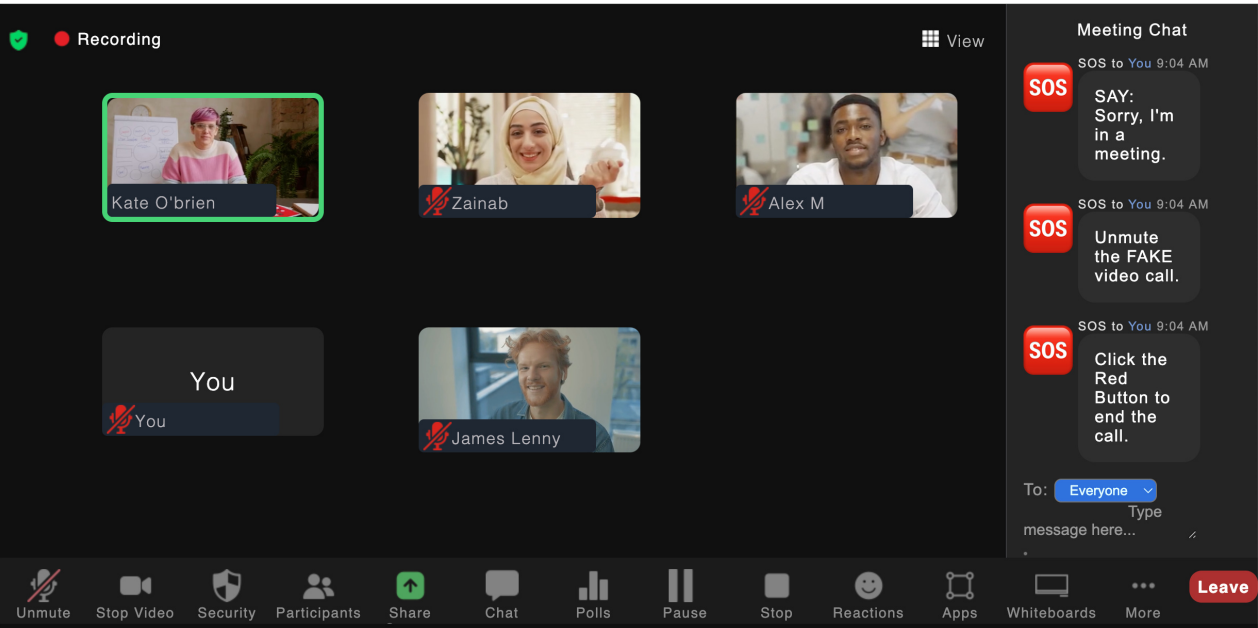
**Step 1:** Say you have to take this call.

**Step 2:** Join a fake video call.

**Step 3:** Go find a safe space to calm down.




By clicking "Join SOS", you agree to block emotional triggers.



# Demo: iPad

App Demo: <https://www.loom.com/share/1905e01bac9348fbb7f9cbd3f8ea41d6?sid=f562a452-56bd-4ed0-98b5-bc05decd3e03>



 SOS: Simulator - iPad Pro 11-inch (M4)  
Loom