

SOS

Role: Project Manager, Developer

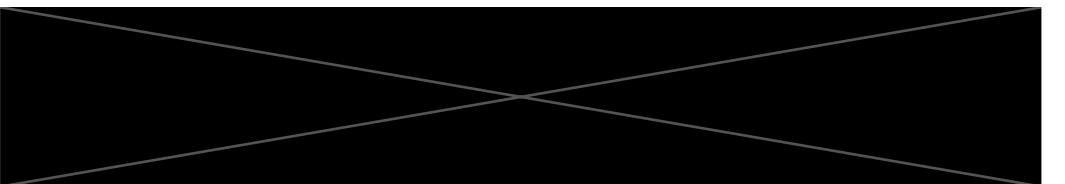
Avoid unhealthy reactions from toxic triggers or problematic people. SOS by Jovial is your 1-click rescue from bad habits, impulses, & toxic triggers.

Keep your emotional well-being intact when issues pop up.

Join a fake video call to excuse yourself from unhealthy situations.

Take back your time & serenity.

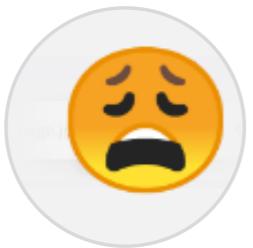
You'll use these quiet moments for self-reflection, relief, or rest.



Helen Griffin, Jr.

Technical Project Manager

Challenges



Challenge 1

Burnout Caregivers



Challenge 2

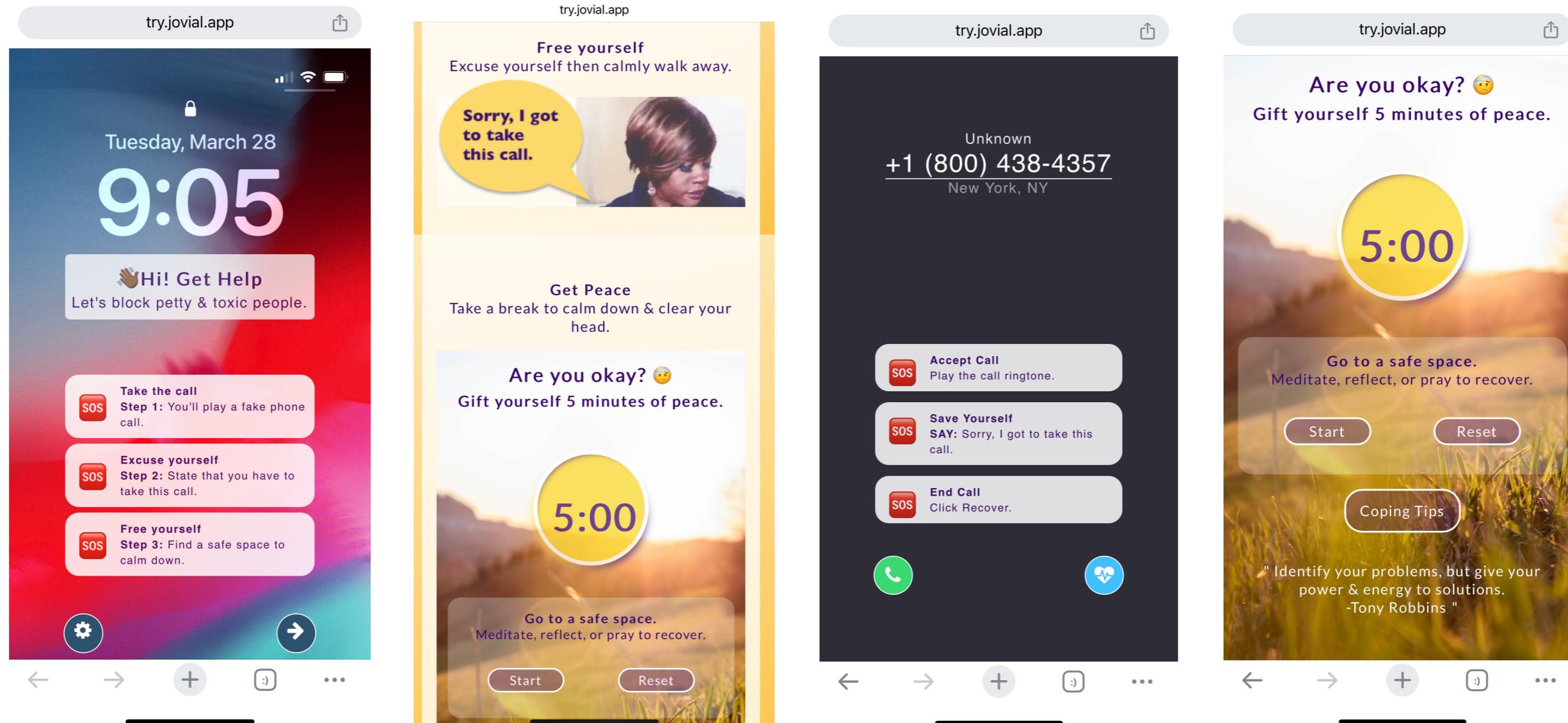
Toxic Relationships



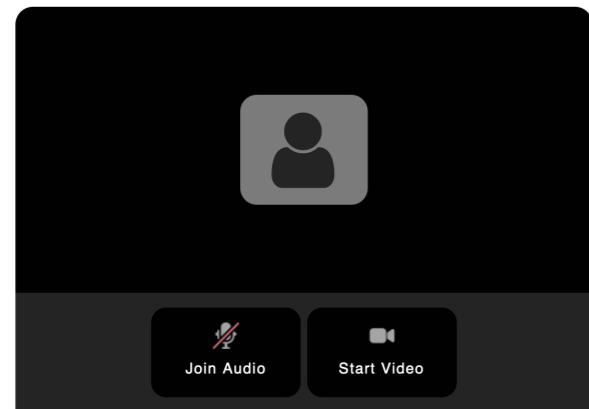
Challenge 3

Depression

Platforms: Mobile Web



Platforms: Chrome Extension



Avoid Petty & Toxic People

Agenda: Protect Your Well-being

Step 1: Say you have to take this call.

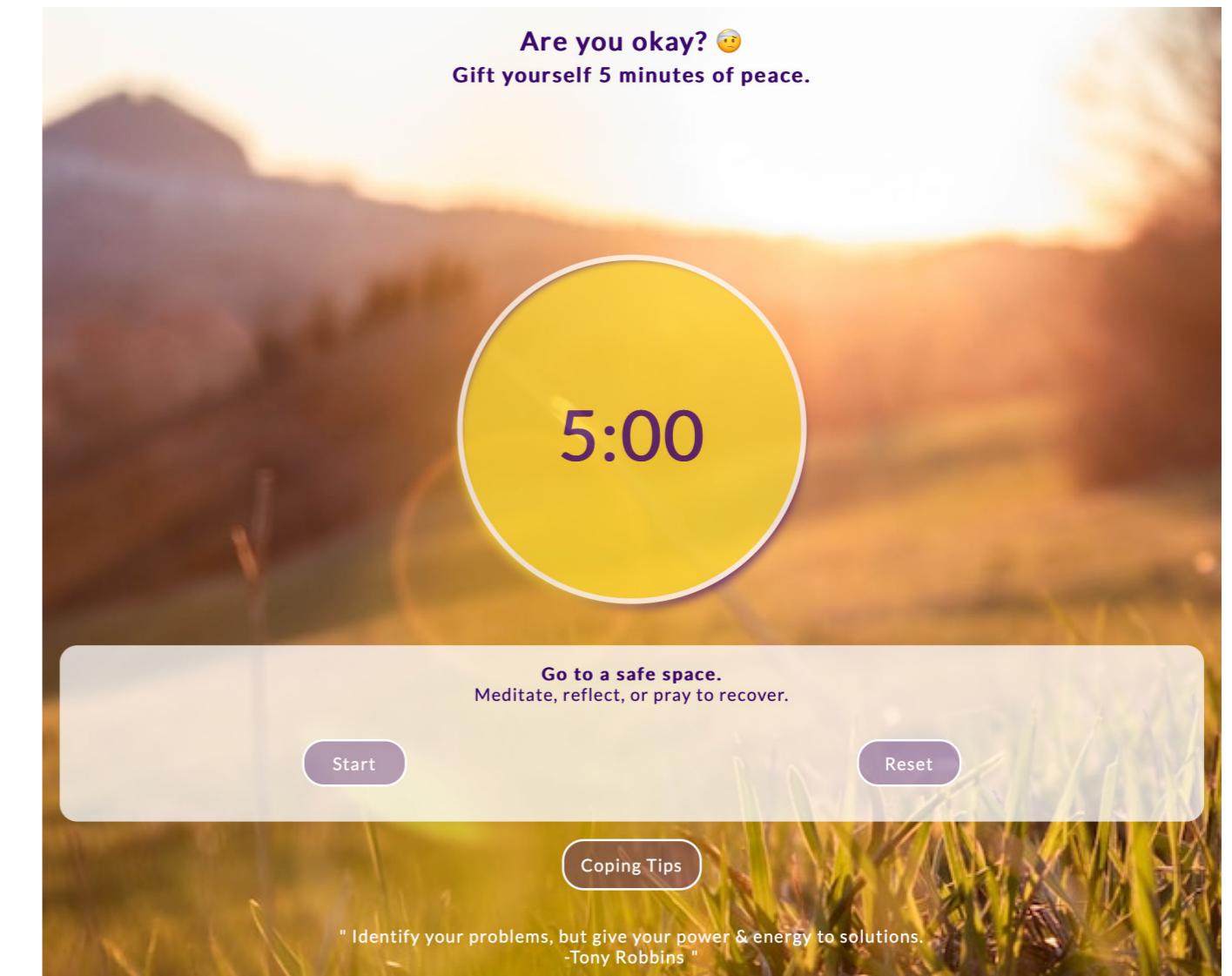
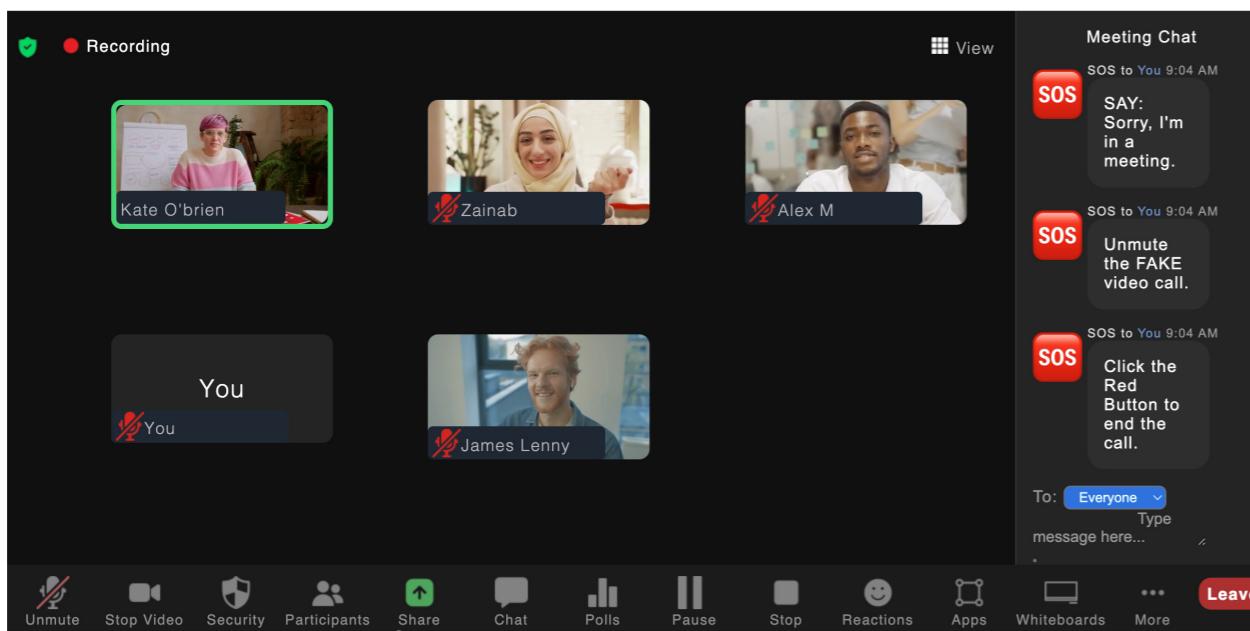
Step 2: Join a fake video call.

Step 3: Go find a safe space to calm down.

Join SOS

Setup

By clicking "Join SOS", you agree to block emotional triggers.



Demo: iPad

App Demo: <https://www.loom.com/share/1905e01bac9348fbb7f9cbd3f8ea41d6?sid=f562a452-56bd-4ed0-98b5-bc05decd3e03>



SOS: Simulator - iPad Pro 11-inch (M4)
Loom